

# DAVID: GOD'S CHOSEN KING

## DAILY BREAD BISTRO

**Story:** 1 Samuel 16:1-13

**Memory Verse:** 1 Samuel 16:7b "The Lord does not look at things man looks at. Man looks at the outward appearance, but the Lord looks at the heart."

### PURPOSE

See Bible Background

### Objectives for Cooking Workshop

In addition to the rotation objectives, by the end of this workshop, the students will

- Be able to tell what it means to look at the inside instead of the outside
- Locate the book of 1 Samuel in the Old Testament.

### PREPARATION

#### Materials List

- Aprons or long t-shirts
- Crayons, drawing pencils or markers
- Greased 13 x 9 pans (1 per group)
- Index cards (two)
- Measuring cups for each cooking station
- Mixing bowls and utensils for each cooking station
- Brownie mixes (two) that require oil as a separate ingredient OR ingredients for Bible Brownies (see below)
- Napkins
- Oil
- Oven
- Paper
- Plates
- Pot holders

#### Bible Brownies (ingredients for 1x13x9 pan):

1 1/3 cups flour  
2 cups sugar  
3/4 cups cocoa

1 tsp. baking powder  
2/3 cups oil (\*not on recipe card for station 1\*)  
4 eggs  
2 tsp. vanilla

Combine all ingredients. Mix well. Grease pan. Spread mixture. Bake at 350 for 20 minutes. Cool on a rack. Cut into squares and serve.

### **Advance Preparation Requirements**

- Study Bible Background for the Rotation.
- Set up two stations for cooking and one for discussion. The first cooking area should be labeled "Abinadab" and the other, "David." It would be best if the stations were somewhat private, so the groups can't notice that one group has slightly different instructions.
- Copy instructions for the brownies onto two note cards, one for each station, but **leave out the oil** in the first station's instructions.
- Tell any adult helpers in the first cooking group that the oil was intentionally left out of the instructions.
- Preheat oven.

### **PRESENTATION**

#### **Open - Introduction**

Greet the children. Begin the workshop in the Oasis, reviewing any safety rules for the Daily bread Bistro. Read the memory verse and talk about what it means.

#### **Dig - Main Content**

Divide the children into two groups based on something visible, like colors they are wearing. The first group will be the "Abinadab" group; the second will be the "David" group. Try not to bring attention to sensitive subjects like wearing braces or having glasses when organizing the groups. Explain that these visible differences are examples of what God meant when, in today's story, Samuel explained that "mortals look on the outward appearance." God did not look at the young boy, David, as others did (too small, no muscles, hasn't got experience, too young etc.)

Say: Today, we are going to see how making brownies can help us understand what God meant when God told Samuel "for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart."

After the children are divided, move them to the cooking stations and help them get busy with the mixes. If you provide aprons or long t-shirts to protect clothing,

now is the time to put them on! Younger children may require more help with cracking eggs and measuring ingredients.

When both groups are ready to pour their mixes into the pans, have each group show their batter to the entire group. Say: Can anyone see any differences in the two mixes? Most likely, the difference will not be obvious.

Proceed with baking. While waiting for the brownies to bake, move to the tables in the Bistro and dig into the story. Have everyone open a Bible and find 1 Samuel 16. Mention that 1 Samuel is in the Old Testament near the beginning of the Bible. Read the story, or have volunteers read the story. Help the children learn or review the memory verse.

Distribute paper and crayons, markers or drawing pencils. Ask the children to write or draw two things about themselves that are visible, and two things that can't be seen by looking at them. Let them know that they will be sharing these things with the class. Ask for volunteers to share what they wrote or drew.

With about five minutes of the cooking time left, have the children "sneak a peek" at the brownies. They should notice the difference between the two batches.

Say: Before we put them in the oven, could you see any difference in the "Abinadab" brownies & the "David" brownies? Now that we have started baking them, can you see a difference? What do you think might have caused the difference? There was nothing special about David's outside appearance, but God knew that David was the one to be Israel's king. No one thought that the youngest child in the family would be the one chosen for such an important job.

Tell the children that there was a secret ingredient in the "David" brownies. Ask one volunteer from each cooking group to read the instructions. Do the children notice what was different?

Say: Look at verse 13. What did Saul use to anoint David? The oil was a special way that God showed that David was the chosen one and that God's Spirit would be with him. Just like God's Spirit being present inside David helped him to be the king that the Lord wanted him to be, the oil inside our brownies helped them to be the kind of thing we want to eat!

### **Reflect - Closure**

Clean up! Say a prayer of thanksgiving. Enjoy the brownies with the class and share at coffee time with friends.

**CONTRIBUTOR: Zola Griffin**