

“FED BY FAITH”

The Feeding of the Multitude

Based on Mark 6: 30-44

Daily Bread Bistro

Preparation

1. Review the "Fed By Faith" theme page.
2. Read and reflect on the story from Mark 6: 30-44. Imagine yourself in a large crowd at a concert, parade, political rally, at a church conference. You find yourself caught up in the moment. Your attention is completely directed toward the theme speaker, the group performing on stage, the event itself. The day has gone longer than you had ever expected. You are getting hungry... Then someone says "Sit down here in this group. We're going to feed everyone." How do you feel? What are your worries? What questions would you ask? How would you feel when the food begins to be shared?
3. Review the "Key Concepts ". Consider Jesus as a compassionate, problem solving leader who works wonders and miracles.
4. Read the attached recipe for "Haystacks ". Gather the required ingredients and test the recipe at home. Try it out on family and friends. Modify to make it an easy and effective example recipe and an easily recreated cooking experience for our young chefs. Remember we hope that they and their families might be able to make these treats at home and revisit the story of the feeding of the multitude when they eat their creations.
5. Coordinator to prepare kitchen for the young chefs, have pieces of paper for each child, and prepare jelly bean game so it is ready if time permits.
6. Pray for God's presence and leadership in this culinary discovery moment.

Gathering

1. Welcome the young chefs to today's lesson.
2. Ask them to think about times when they have been in a large crowd (at a school concert, sports event, parade, church). What was it like?
3. Invite the chefs to think about a time when they were very hungry. Then tell them about the "Haystacks "desserts they are about to create.
4. Pray together and sing Hymn 779

Dear Lord, thank you for food for people everywhere. Thank you for spiritual food we find in the Bible, in prayer, in worship, in Faith Quest, and in your people. Amen.

"What A Friend We Have In Jesus"

*What a friend we have in Jesus,
All our sins and griefs to bear!
What a privilege to carry
Everything to God in prayer!*

*Oh what peace we often forfeit,
Oh what needless pain we bear,
All because we do not carry
Everything to God in prayer.*

Good News (Oasis)

1. Read the Key Lesson from Mark 6:30-44
2. We not only “feed” each other with food, but also with caring and kindness. Before cooking, hand out paper and have the children write down something nice about the person next to them. This is then given to that person to keep. Move to the Daily Bread Bistro.
3. Following the recipe, make the "Haystacks " together. While you are creating these delicious delights ask the chefs to think about the Bible story they have heard and how Jesus cares for the hungry people. Discuss whether they think that Jesus was only filling stomachs that day. Talk about our other ‘hungers’ (need for God, for peace, for friends, for satisfaction and how some can be ‘greeds’ or ‘wants’). Do they know other stories in the Bible where ‘hunger’ was satisfied (woman at the well, healings, Elisha and old woman...)

Blessing

1. Journal: How can you ‘feed’ someone’s hunger/need this week?
2. Share a sweet treat and if time and ingredients allow make an extra treat to share with a parent or a friend, or at coffee after church in the upper hall. Give thanks for Jesus who feeds our hungers.
As they share they should tell the story of “feeding of the multitude”.
3. To close: *Gracious Lord, when we are the most hungry or feel lost in the crowd, bring order to our lives and share your compassion with us. In Jesus' named we pray, Amen.*

"Haystacks"

(No Bake Chow Mein Noodle Cookies)

Ingredients

- 1 6 oz. Package of Chocolate Chips (nut free)
- 1 6 oz. Package of Butterscotch Chips (nut free)
- 1 cup of Salted Peanuts (**omit if there are nut allergies**)
- 1 cup of Chow Mein Noodles
(you can substitute cereals like Cheerios, Corn Bran, Shreddies for the peanuts if nuts are a concern, or you can add some of the others to create different haystacks)

Directions

- Melt chocolate and butterscotch chips
(microwave or double boiler)
- Once melted remove from heat
- Add peanuts and chow mein noodles
- Drop by teaspoons onto waxed paper
- Leave until hardened
(refrigerate/use a quick trip to the freezer if you can't wait!)

Eat and enjoy!!!

If there is time left, play “Feed the World Game**”, jelly beans to feed the world.

Jelly Beans to Feed the World (To play if time permits)

Materials Needed:

A bag of jelly beans with enough for at least three per student.

Goals

To show that there is enough food for everyone but food is not distributed evenly. To help students understand how it feels not to have enough food.

Directions:

1. Each student picks a slip of paper from a can. Eighty per cent will say "poor" and twenty per cent will say "rich".
2. Divide the classroom so that the rich students have two-thirds of the space and the poor students are crowded into a corner at the back of the classroom.
3. Give the "rich" group a bowl of jelly beans (more than three per student) and the "poor" group a small bowl with just a few jelly beans (not enough for each child).
4. Before the students begin to eat they must decide how to divide the jelly beans. To take this exercise a step further, discuss the distribution of space during this exercise. Compare the population of Canada to other countries that are heavily populated.

Note: Before the end of the class, provide extra jelly beans for the students in the "poor" group.

Discussion:

1. How did the two groups feel about the way the jelly beans were distributed?
2. Did the rich group share with the poor group? If they did share, how did they decide to share and how much to share? Should countries share with one another?
3. Why is food important? Why is sharing important? What happens when you never have enough to eat and always feel hungry?
4. If this game is played, closing prayer may be said here.