

# St. Mary the Virgin Anglican Church

*(Congregation established 1913)*

**June 3<sup>rd</sup>, 2018**

**First Sunday after Trinity**

O God, the strength of all them that put their trust in thee, mercifully accept our prayers; and because through the weakness of our mortal nature, we can do no good thing without thee, grant us the help of thy grace, that in keeping of thy commandments we may please thee both in will and deed; through Jesus Christ our Lord. Amen.

## **TODAY AT ST. MARY'S**

**We wish a warm welcome** especially to those who are praying with us for the first time; your presence is a blessing! If you would like to identify yourself, or would like know more about our ministry and mission, please speak to one of the greeters and ask for a welcome card which you may complete and place in the offering plate.

**Holy Communion.** All baptized Christians are welcome to receive Holy Communion. When the time comes, please come forward to the communion rail, and kneel or stand as you are able. The bread is received with the open palm. Please guide the chalice to your lips for a sip of wine. If you prefer not to receive, please feel free to remain in your place, alternatively you may come forward for a blessing and indicate this by keeping your arms by your side.

**Flowers on the Altar** To the Glory of God and in loving memory of Berend & Gudrun Schroeder by Claude and family

**Nursery** for infants & toddlers is available in the Good Shepherd Nursery. Leader: Starr and Andrew D

**Godly Play** in the Children's Worship Centre for children 3 - 6 years. Today's story is "The Lame Man' Acts 3:1-4:4. Leaders: Ginny L, Sandra D.

**Faith Quest** (ages 7 – 13) worship and serve in church today.

**June Birthdays** Today we are celebrating June Birthdays, Baptism and Wedding Anniversaries. Thank you to the Dupont Family for bringing cupcakes.

**Coffee and Finger Food** Lunch Following the service please join us for a cup of coffee or tea and finger food and birthday cake in the upper hall. Coffee Hosts: Mary and Nat R

## **This week at St Mary's**

Tuesday	10:30 am Forever in Motion Senior Exercise
Wednesday	8:30 am Morning Prayer; Men's Breakfast
	10:30 am Mom and Tots Group
Next Sunday	9:40 am Morning Prayer
	10:30 am Holy Communion

## MORNING PRAYER AT NINE- FORTY

Prayer Book, pp.6-5, Psalm 63:1-8, 98; Ecclesiastes 1.1-11; Acts 8.26-40

## HOLY COMMUNION AT HALF-PAST TEN

Opening Hymn: # 373 This Is the Day the Lord Hath made

The Lord's Prayer

Collect for Purity

*(Prayer Book p. 67)*

The Ten Commandments, Lord. Have Mercy

*(Prayer Book p. 68, 70)*

Collect for the Day

Prayer with the Children

Lesson: Deuteronomy 5:12-15 R/ **Thanks be to God**

Psalm 139:1-5, 12-17

p. 509

Epistle: 2 Corinthians 4:5-12 R/ **Thanks be to God**

Gradual: # 643 Holy Spirit, Come with Power

The Holy Gospel of our Lord Jesus Christ according to Mark (Chap 2, verses 23-3:6)

**R: Glory be to thee, O Lord**

**R: Praise be to Thee, O Christ**

Sermon

Nicene Creed

*(Prayer Book p. 71)*

Intercessions

Offertory Hymn: # 619 Fairest Lord Jesus

*The people of St. Mary's have the privilege of being part of and supporting the ministry of Jesus Christ and His Church through weekly financial offerings. If you are visiting here today, you are welcome to make a contribution, but please do not feel under any obligation to do so.*

Invitation, Confession and Absolution

*(Prayer Book p. 76, 77)*

Great Thanksgiving, Peace, Prayer of Humble Access

The Communion

+ All baptized Christians who have prepared themselves are invited to come forward with faith and love to receive Holy Communion.

+ If you prefer to receive a blessing, please indicate this by crossing your arms over your chest.

+ For health reasons, dipping the bread in the wine is not permitted. If you require gluten-free wafer, please indicate this at the time of receiving.

## The Communion

Hymn after Communion: # 75 With the Body That Was Broken

Lord's Prayer

Thanksgiving after Communion

(Prayer Book p. 85, 86)

Gloria

Announcements

Dismissal      **Thanks be to God. Alleluia!**

Hymn: # 467 Forth in Thy Name, O Lord, I Go

*\* Please observe a moment for silent prayer\**

## PARISH LIFE NOTES

**Worship Service at Wascana Rehabilitation Centre** - will take place this Sunday, June 3, at 1:30 pm. in the chapel. A team from St. Mary's leads the service and porters residents to the chapel. We invite you to share in this outreach. Please call Rem W for more information.

**Discernment opportunity:** Do you have a heart for working with children with special needs? Are you looking for a way to serve the Lord in this capacity?

The family ministries team is looking for a few individuals of any age or gender to be companions for one of our parish children during the Sunday morning summer program. We're asking each person to commit to one or two services a month for the summer.

You need not have experience, but should be willing to provide loving attention to this child to help engage in the activities.

If you have an interest in this opportunity, please contact Sandra.

**Kitchen maintenance ministry:** Part of our mission as Disciples of Christ is to engage in hospitality to strangers and to each other. The upper hall kitchen is the hub of much of this activity. In order to make this a viable option, we have invited the parish family into sharing in the cleaning of the kitchen on a regular basis, so that it is a welcoming place for us and our community members. If you feel called to join in this ministry, please sign up on the sheet inside the kitchen.

## **News from the Vestry.**

**The Vestry seeks input** from the congregation on plans to improve and develop the space along 15 Avenue. Please see the drawing on display, and pass on comments and questions to one of one of the vestry members: Janice K, Beth C, Alan and Jackie S, Carol M, Adam and Alanna S, Heidi D.

**On June 17** there will be a parish forum after the morning service led the Churchwardens, Carol M and Alan S, on some aspects of parish life, including developments on reconfiguration of Regina parishes. All are welcome.

**The Vestry** has extended an invitation to Bishop Rob to visit the parish on the week end of Oct. 13/14.

**Summer Discipleship.** Are you able to host an evening gathering on Wednesday evenings during the months of July and August? We will be meeting for a pot luck supper and Bible study and will need a generous space hopefully outside in which to meet, eat, where children can play. Please speak to Claude.

**Bishop's sabbatical.** Bishop Rob has begun his sabbatical/ prayer pilgrimage/ bike ride across Canada. His itinerary and prayer diary is available for pick up on the landing.

**St. Mary's Ethiopian Orthodox congregation at St. Mary's extends** a warm invitation to join them for worship and annual commemoration day celebration on Saturday, June 30 in the morning. Future details T.B.A.

**St. Mary's outdoor service and parish picnic** will be held on Sunday, June 27. Watch this space for further details!

### **Diocese of Qu'Appelle Summer Camps:**

Come and enjoy five days of Christian fellowship and fun at Junior Camp, July 25 – 29. Held at Glen Harbor Camp (65 km north of Regina on East side of Last Mountain Lake.) for ages 6 – 12. Staff includes members of St. Mary's congregation.

Experience Teen Adventure Camp, an exciting camp that will allow you to experience the great Canadian outdoors, enjoying God's creation in the wilderness. August 7 – 11 for ages 13 – 17. For more information on either of these camps, or to register go to [www.qcamps.ca](http://www.qcamps.ca) or contact Julie Moser (306) 690 2299.

## **THE WORD OF THE LORD: TODAY'S SCRIPTURE READINGS**

### **FIRST READING: Deuteronomy 5:12-15**

Observe the Sabbath day by keeping it holy, as the Lord your God has commanded you. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your ox, your donkey or any of your animals, nor any foreigner residing in your towns, so that your male and female servants may rest, as you do. Remember that you were slaves in Egypt and that the Lord your God brought you out of there with a mighty hand and an outstretched arm. Therefore the Lord your God has commanded you to observe the Sabbath day.

### **SECOND READING: 2 Corinthians 4:5-12**

For what we preach is not ourselves, but Jesus Christ as Lord, and ourselves as your servants for Jesus' sake. For God, who said, "Let light shine out of darkness," made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ.

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. For we who are alive are always being given over to death for Jesus' sake, so that his life may also be revealed in our mortal body. So then, death is at work in us, but life is at work in you.

### **GOSPEL: Mark 2: 23-3:6**

Response before the Gospel: **Glory be to thee, O Lord**

One sabbath he was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath."

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

Response following the Gospel: **Praise be to thee, O Christ**