St. Mary the Virgin Anglican Church

(Congregation established 1913)

January 27th, 2019Third Sunday after EpiphanyAlmighty and everlasting God, mercifully look upon our infirmities, and in all our
dangers and necessities stretch forth thy right hand to help and defend us; through
Jesus Christ our Lord. Amen.

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Sounding the Seasons - Malcolm Guite

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Tramelled in time, we live with hints and guesses Turning the wheel of each returning year, But in between our failures and successes We sometimes glimpse the Love that casts out fear, Sometimes the heart remembers its own reasons And breathes a Sanctus as we tell our story, Tracing the tracks of grace, sounding the seasons That lead at last through time to timeless glory.

From the first yearnings for a Saviours birth To the full joy of knowing sins forgiven We gather as His church on Gods's good earth To share an echo of the choirs of heaven I share these hints, returning what was lent, Turning to praise each 'moment's monument'.

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TODAY AT ST. MARY'S

GLORY BE TO JESUS CHRIST! GLORY BE TO HIM FOREVER!

Welcome to St. Mary's especially to those who are praying with us for the first time; your presence is a blessing! If you would like to identify yourself, or would like know more about our ministry and mission, please speak to one of the greeters and ask for a welcome card which you may complete and place in the offering plate.

<u>Nursery</u> for infants & toddlers is available in the Good Shepherd Nursery. Leader: Elizabeth D

<u>**Godly Play**</u> in the Children's Worship Centre for children 3 - 6 years. "Today's story is 'Jesus is Baptized' Mark 1: 9 - 11.

Faith Quest (ages 7-13) continue their Exodus III - Red Sea to Sinai rotation. Len G will lead and Eleanor M will shepherd this Divine Diversions workshop. Memory verse: Exodus 16: 6-7a "So Moses and Aaron said to all the Israelites, "In the evening you will know that it was the Lord who brought you out of Egypt, and in the morning you will see the glory of the Lord, because he has heard your grumbling against him."

<u>**Coffee and Tea**</u> Following the service, please join us for a cup of tea or coffee in the upper hall. Coffee Hosts: Lois M & Marian P

THIS WEEK AT ST. MARY'S

Tuesday	10:30 am	Forever in Motion Senior Exercise
Wednesday	8:30 am	Morning Prayer and Men's Breakfast
	10:30am	Parent and Tots Group
Thursday	9:30 am	Woman's Time Out Bible Study
Next Sunday	10:00 am	Morning Prayer
	10:30 am	Holy Communion
		Congregational Meeting after the service

MORNING PRAYER AT TEN Prayer Book, pp.6-5, Psalm 63:1-8, 98; Isaiah 47:1- 15:5; Hebrew 10:19- 31 HOLY COMMUNNION AT HALF-PAST TEN

Opening Hymn:_ # 5 Christ Whose Glory Fills the Skies

The Lord's Prayer Collect for Purity Summary of the Law, Lord. Have Mercy Collect for the Day Prayer with the children

(Prayer Book p. 67) (Prayer Book p. 69, 70)

Lesson: Nehemiah 8:1-10	R/ Thanks be to God
Psalm: 19 page: 351 Epistle: 1 Corinthians 12:12-31a	R/ Thanks be to God

Gradual Hymn # 439 Blest Are the Pure in Heart

The Holy Gospel of our Lord Jesus Christ according to Luke (Chap 4, verses 14-21)

R: Glory be to thee, O Lord

R: Praise be to Thee, O Christ

Sermon

The Rector

(Prayer Book p. 71)

Nicene Creed

Intercessions

Cantor: All creation raise your voices. Congregation: **Child of Mary, Hear our Prayer.**

Offertory Hymn: Songs of Thankfulness and Praise

The people of St. Mary's have the privilege of being part of and supporting the ministry of Jesus Christ and His Church through weekly financial offerings. If you are visiting here today, you are welcome to make a contribution, but please do not feel under any obligation to do so.

Songs of Thankfulness and Praise, Jesus, Lord, to Thee we raise, Manifested by the star To the sages from afar, Branch of royal David's stem, In Thy birth at Bethlehem. Anthems be to Thee addressed God in man made manifest. Manifest at Jordan's stream, Prophet, Priest, and King supreme, And at Cana, Wedding-guest, In Thy Godhead manifest; Manifest in power divine, Changing water into wine. Anthems be to Thee addressed God in man made manifest.

Manifest in making whole Palsied limbs and fainting soul; Manifest in valiant fight, Quelling all the devil's might; Manifest in gracious will, Ever bringing good from ill. Anthems be to Thee addressed, God in man made manifest.

Sun and moon shall darkened be, Stars shall fall, the heavens shall flee; Christ will then like lightning shine, All will see His glorious sign; All will then the trumpet hear, All will see the Judge appear; Thou by all wilt be confessed, God in man made manifest.

Grant us grace to see Thee, Lord, Mirrored in Thy holy Word; May we imitate Thee now And be pure as pure art Thou That we like to Thee may be At Thy great Epiphany And may praise Thee, ever blest, God in man made manifest.

Offertory Anthem.

Blessed be thou, Lord of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All Things come of thee, and of thine own have we given thee. Invitation, Confession and Absolution

Great Thanksgiving, Peace, Prayer of Humble Access

The Communion

+ All baptized Christians who have prepared themselves are invited to come forward with faith and love to receive Holy Communion.

+ If you prefer to receive a blessing, please indicate this by crossing your arms over your chest.
+ For health reasons, dipping the bread in the wine is not permitted. If you require gluten-free wafer, please indicate this at the time of receiving.

Hymn after Communion: # 69 We Who Live by Sound and Symbol

Lord's Prayer

Thanksgiving after Communion

(*Prayer Book p.* 85, 86)

Gloria

The Blessing

Announcements

Dismissal: Let us go in peace to love and serve the Lord.

Thanks be to God. Alleluia!

Hymn: # 631 The Kingdom of God Is Justice and Joy

* Please observe a moment for silent prayer*

THE WORD OF THE LORD: TODAY'S SCRIPTURE READINGS

FIRST READING:

And all the people gathered as one man into the square before the Water Gate; and they told Ezra the scribe to bring the book of the law of Moses which the Lord had given to Israel. And Ezra the priest brought the law before the assembly, both men and women and all who could hear with understanding, on the first day of the seventh month. And he read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra the scribe stood on a wooden pulpit which they had made for the purpose; and beside him stood Mattithi'ah, Shema, Anai'ah, Uri'ah, Hilki'ah, and Ma-asei'ah on his right hand; and Pedai'ah, Mish'a-el, Malchi'jah, Hashum, Hash-bad'danah, Zechari'ah, and Meshul'lam on his left hand. And Ezra opened the book in the sight of all the people, for he was above all the people; and when he opened it all the people stood. And Ezra blessed the Lord, the great God; and all the people answered, "Amen, Amen," lifting up their hands; and they bowed their heads and worshiped the Lord with their faces to the ground. Also Jeshua, Bani, Sherebi'ah, Jamin, Akkub, Shab'bethai, Hodi'ah, Maasei'ah, Keli'ta, Azari'ah, Jo'zabad, Hanan, Pelai'ah, the Levites, helped the people to understand the law, while the people remained in their places. And they read from the book, from the law of God, clearly; and they gave the sense, so that the people understood the reading. And Nehemi'ah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, "This day is holy to the Lord your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the fat and drink sweet wine and send portions to him for whom nothing is prepared; for this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength."

SECOND READING:

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For by one Spirit we were all baptized into one body–Jews or Greeks, slaves or free–and all were made to drink of one Spirit. For the body does not consist of one member but of many. If the foot should say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear should say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would be the hearing? If the whole body were an ear, where would be the sense of smell? But as it is, God arranged the organs in the body, each one of them, as he chose. If all were a single organ, where would the body be? As it is, there are many parts, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the parts of the body which seem to be weaker are indispensable, and those parts of the body which we think less honorable we invest with the greater honor, and our unpresentable parts are treated with greater modesty, which our more presentable parts do not require. But God has so composed the body, giving the greater honor to the inferior part, that there

may be no discord in the body, but that the members may have the same care for one another. If one member suffers, all suffer together; if one member is honored, all rejoice together. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way.

GOSPEL:

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor."And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

PARISH LIFE NOTES

On Sunday, February 3 there will be a special congregational meeting with a finger food lunch **(Please bring finger food to share)** on the St. Cuthbert's Archdeaconry discussions about the future of the Anglican churches in Regina and the implications for St. Mary's mission and ministry. There will be a presentation by Archdeacon Cheryl Toth on the parish assessments, current process and timeline, and some discussion questions for us to consider. There will also be time for your questions and comments. Please attend!

Worship Service at Wascana Rehabilitation Centre - will take place next Sunday, Feb. 3, at 1:30 pm. in the chapel. A team from St. Mary's leads the service and porters residents to the chapel. We invite you to share in this outreach. Please call Rem W for more information.

Epiphanytide House Blessings. The Rector's annual pilgrimage of prayer to the homes of St. Mary's parishioners begins this week. Please sign your name on the list at the welcome table in the narthex, and Claude will be in touch about coming to pray God's blessing, protection, and provision on the church that is your home!

Flower Guild anyone interested in donating flowers there are several open spaces, please talk to Gwyn.

Note of thanks from Marian Centre dear everyone at St. Mary's many thanks for your donation and continued support. It is only possible to serve the many that come to us because of the generosity of friends like you. Be sure of our prayers for you and all your intentions. May the Lord bless you all with His Gifts of peace, joy and hope this year. *Christine for all at Marian Centre*



Alpha 'Alpha is a series of interactive sessions that freely explore the basics of the Christian faith. No pressure. No follow up. No charge.' During the weekly evening meetings we watch a lively DVD about Christian faith, then get into small groups where we can ask any questions. St. Mary's will be hosting a Family Alpha Course starting Sunday, Feb 19 starting at 5.30. We aim to be finished by 8.00 o clock.

What can you do to help? Please pray for the course and ask the Lord to show you anyone you may know who may be interested in finding out more about Christianity. Maybe consider doing it yourself as a refresher and reminder of the basics of the Christian Faith, the course is for EVERYONE. We are also looking for volunteer sot help with cooking, set up and clean up.

Internationally there are currently 55,000 Alpha courses in 169 countries throughout the world. Here in Regina God is also using the Alpha Course here in Regina to draw people to Himself, extending His reign and rule in people's lives. "Of the increase of His government and peace there will be no end." (Isaiah 9:7)

Alpha is a great opportunity for anyone wanting to explore the Christian faith to do so in a way which is non-threatening, very accessible, in a warm and friendly environment. The course covers subjects such as; Who is Jesus? Why and how do I pray? How does God guide us? Does God heal today? A different subject is covered each evening over a 9 week period. Each session begins with a meal we share together, we then hear a talk on the subject for that evening and then we break into small groups to discuss what we have heard. The small groups provide the opportunity for everyone to ask or say whatever they want. No question is too "off the wall" to be asked; everyone's contribution is valued.