

St. Mary the Virgin Anglican Church

(Congregation established 1913)

March 10th, 2019

First Sunday in Lent

O LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

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Stones into Bread

The Fountain thirsts, the Bread is hungry here
The Light is dark, the Word without a voice.
When darkness speaks it seems so light and clear.
Now He must dare, with us, to make a choice.

In a distended belly's cruel curve
He feels the famine of the ones who lose
He starves for those whom we have forced to starve
He chooses now for those who cannot choose.

He is the staff and sustenance of life
He lives for all from one Sustaining Word
His love still breaks and pierces like a knife

The stony ground of hearts that never shared,
God gives through Him what Satan never could;
The broken bread that is our only food.

Malcolm Guite

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TODAY AT ST. MARY'S

GLORY BE TO JESUS CHRIST! GLORY BE TO HIM FOREVER!

Welcome to St. Mary's especially to those who are praying with us for the first time; your presence is a blessing! If you would like to identify yourself or would like to know more about our ministry and mission, please speak to one of the greeters and ask for a welcome card which you may complete and place in the offering plate.

Nursery for infants & toddlers is available in the Good Shepherd Nursery. Leader: Starr and Andrew D.

Godly Play in the Children's Worship Centre for children 3 - 6 years. "Today's story is 'Lent-Thirty Pieces of Silver' Matthew 26:14 – 27:5.

Faith Quest (ages 7-13) Faith Quest kids (ages 7-12) finish the story of Lydia- A New Believer. Len G will lead, and Eleonore S will shepherd this Divine Diversions (games) workshop. Prizes for memory verse: Say with your mouth, 'Jesus is Lord.' Believe in your heart that God raised him from the dead. Then you will be saved." Romans 10:9

Finger Food Lunch Following the service, please join us for finger food and birthday cake in the upper hall.

March Birthdays Today we are celebrating March Birthdays, Baptism and Wedding Anniversaries. Thank you to the Davis for bringing cake, announcing and serving.

THIS WEEK AT ST. MARY'S

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| Tuesday | 8:30 am | Morning Prayer |
| | 10:30 am | Forever in Motion Senior Exercise |
| Wednesday | 8:30 am | Morning Prayer and Men's Breakfast |
| | 10:30 am | Parent and Tots Group |
| | 6:30 pm | BAS Holy Communion |
| | 7:00 pm | Bible Study on 2 Corinthians |
| Thursday | 8:30 am | Morning Prayer |
| | 9:30 am | Woman's Time out Bible Study |
| Saturday | 4:30 pm | Tehillah |
| Next Sunday | 10:00 am | Morning Prayer |
| | 10:30 am | Holy Communion |
| | 5:30 pm | ALPHA all ages family study and supper |

MORNING PRAYER AT TEN

Prayer Book, pp.6-5, Psalm 38; Genesis 13; Matthew 9:1-17

(Benedicite p.26 replaces Te Deum)

HOLY COMMUNION AT HALF-PAST TEN

Prelude: Ach, was soll ich Sünder machen

Pachelbel

The Litany

(*Prayer Book p. 30*)

Collect for the Day

Lesson: Genesis 3:1-7

R/ **Thanks be to God**

Psalm: 91:1-16 page: 448

Epistle: 2 Corinthians 6:1-10 R/ **Thanks be to God**

Lenten Prose

Hear us O Lord, have mercy upon us for we have sinned against thee

God, we implore thee, in thy glory seated: Bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses.

Hear us O Lord, have mercy upon us for we have sinned against thee

The Holy Gospel of our Lord Jesus Christ according to Matthew (Chap 4, verses 1-11)

R: Glory be to thee, O Lord

R: Praise be to Thee, O Christ

Sermon

The Rector

Nicene Creed

(*Prayer Book p. 71*)

Intercessions

Cantor: Cry out For God's mercy

Congregation: **Hear, O Lord, enfold us in your mercy.**

Offertory Hymn: # **533 Jesus, Lover of My Soul**

The people of St. Mary's have the privilege of being part of and supporting the ministry of Jesus Christ and His Church through weekly financial offerings. If you are visiting here today, you are welcome to make a contribution, but please do not feel under any obligation to do so.

Offertory Anthem.

Blessed be thou, Lord of Israel, for ever and ever.

All that is in the heaven and in the earth is thine.

All Things come of thee, and of thine own have we given thee.

Invitation, Confession and Absolution

(*Prayer Book p. 76, 77*)

Great Thanksgiving, Peace, Prayer of Humble Access

The Communion

+ All baptized Christians who have prepared themselves are invited to come forward with faith and love to receive Holy Communion.

+ If you prefer to receive a blessing, please indicate this by crossing your arms over your chest.

+ For health reasons, dipping the bread in the wine is not permitted. If you require gluten-free wafer, please indicate this at the time of receiving.

Hymn after Communion: # **54 Bread of the World, in Mercy Broken**
Lord's Prayer

Thanksgiving after Communion
The Paschal Anthem

(Prayer Book p. 85, 86)

The Blessing

Announcements

Dismissal: Go in the Name of Christ.
Thanks be to God.

Hymn: # **175 Forty Days and Forty Nights**

Postlude: Aus tiefer Not

Bohm

** Please observe a moment for silent prayer**

THE WORD OF THE LORD: TODAY'S SCRIPTURE READINGS

FIRST READING:

Now the serpent was more subtle than any other wild creature that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat of any tree of the garden'?" And the woman said to the serpent, "We may eat of the fruit of the trees of the garden; but God said, 'You shall not eat of the fruit of the tree which is in the midst of the garden, neither shall you touch it, lest you die.'" But the serpent said to the woman, "You will not die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves aprons.

SECOND READING:

Working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

GOSPEL:

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Lent

Service Notes. Our service of Holy Communion today contains several features which sets it apart from the usual pattern, to mark the First Sunday in the season of Lent. In place of the opening hymn and the prayers leading up the Collect of the Day, today we will be praying the Great Litany. The Great Litany is a comprehensive prayer of intercession, in which we pray to be released from ancestral sins, the judgement of God, and to be delivered from a variety of evils which may assault us in the present. In praying for deliverance we invoke the person and work of Jesus Christ, who came “to destroy the works of the devil.” (1 John 3.8). We then proceed to intercede with God for the good government of our land, for the welfare of the Church, and for all people everywhere who are in need, and finally for ourselves. The prayer is sung in procession in procession, which is symbolic of our lives as a “pilgrimage of prayer.” We should not underestimate the power of such congregational intercession in preserving the health and welfare of our city, and arresting its descent into self destructive chaos. (see Genesis 18. 32,33) In place of a gradual hymn in Lent we will be singing a song entitled "The Lenten Prose" which originated among Latin speaking Christians in the Iberian Peninsula of Spain in the 10th century where the Church was under Islamic rule. It is a penitential text sung to a haunting chant melody. Every Sunday in Lent we will be adding a verse which will be sung by the cantor, with the congregation responding with the refrain. St. Paul writes that there are two kinds of “sadnesses” that we experience in life. (2 Corinthians 7.10,11) There is a "worldly sadness", which is full of regret, and leads us away from God, and into death, and there is a "godly sadness,” a sadness over sin, which draws us near to God, and leaves no room for regret. Slowly and imperceptibly this sadness fills the soul with light and joy! This is the “bright sadness” of Lent. (Alexander Schmemmann)

Fasting in Lent. Notes on why and how are available on the table outside the office.

Lenten Ember Days. This Wednesday, Friday and Saturday are set aside as days of prayer and fasting for the mission of the Church. See prayers on p. 142 and 40, 41.

Family Alpha meets tonight for dinner at 5.30 p.m. and a presentation and discussion on the question, “Why and How do I Pray?”

The auxiliary to the Canadian Bible Society meets on Tuesday March 12th, 2pm @ the First Baptist Church on Lorne and Victoria Street, please use Lorne Street entrance. All are Welcome. Lutheran members will host.

Mission opportunity. Help serve and clean up after the evening meal this Thursday, at Souls Harbour (1632 Angus St) between 4 p.m. and 7 p.m. Entrance is through the back double door. Parking available in the lot and surrounding streets. Call Sandra D if you can come.