

St. Mary the Virgin Anglican Church

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January 19th, 2020

The Second Sunday after Epiphany

Almighty and everlasting God, who dost govern all things in heaven and earth:
Mercifully hear the supplications of thy people, and grant us thy peace all the days of
our life; through Jesus Christ our Lord. Amen.

TODAY AT ST. MARY'S

The Father is my Hope; the Son is my Refuge; the Holy Spirit is my protector.
O All-Holy Trinity, glory to You!

Flowers on the Altar given to the Glory of God and in loving memory of Lila &
Ernie Dowie by the Dowie family.

Nursery for infants & toddlers is available in the Good Shepherd Nursery. Leader:
Heidi D

Godly Play in the Children's Worship Centre for children 3 - 6 years.
"Today's story is 'Jesus is Baptized' Mark 1:9-11. Anya M, Sandra D.

Faith Quest (ages 7-13) continue the 10 Commandments rotation with Kate B
leading and Eleanor M shepherding a Divine Diversions workshop- Wheel of Fortune.
Memory Verse: Jeremiah 31:33b – "I will write my laws on their hearts and minds. I
will be their God, and they will be my people."

Holy Communion. *All baptized Christians are invited to come forward with faith
and love to receive Holy Communion.*

The Intercessions Book on the table with the bread and the offering plates has
space for you to write in the names of people you wish us to remember in prayer this
morning, and throughout the week. Prayers will be offered for travelers, those in
special need, and the departed.

MORNING PRAYER AT TEN

Prayer Book, pp.6-15, Surge Illuminare replaces Te Deum, Ps.148, 149,150 Gen.7.1-10,17-23 Eph. 4.1-16

HOLY COMMUNION AT HALF-PAST TEN

Opening Hymn: # **564 Lead Us, Heavenly Father, Lead Us**

The Lord's Prayer

Collect for Purity

(Prayer Book p. 67)

Summary of the Law, Lord, Have Mercy

(Prayer Book p. 69, 70)

Collect for the Day

Prayer with the children

Old Testament Lesson

Psalm

Epistle

Gradual Hymn: # **165 Mark How the Lamb of God's Self- Offering**

The Holy Gospel

Sermon

Nicene Creed

(Prayer Book p. 70)

The Intercession **R./ Lord have mercy.**

Offertory Hymn: # **101 Hail to the Lord's Anointed**

Offertory Anthem

Invitation, Confession and Absolution

(Prayer Book p. 76, 77)

Great Thanksgiving, Peace, Prayer of Humble Access

(Prayer Book p. 78ff)

The Communion

Hymn after Communion: # **70 Jesus, the Joy of Loving Hearts**

Lord's Prayer, Thanksgiving after Communion

(Prayer Book p. 85)

The Gloria

(Prayer Book p. 86)

The Blessing

Announcements

Dismissal: Let us go in peace to love and serve the Lord. **Thanks be to God.**

Alleluia!

Hymn: # **108 Hark, a Herald Voice Is Sounding**

** Please observe a moment for silent prayer**

Parish Life Notes

Week of Prayer for Christian Unity. Warm welcome to members of Holy Family Roman Catholic Parish who are praying with us today! All are invited to an ecumenical service this afternoon at 3:00 pm at All Saints Anglican Church, 142 Massey Road. On Feb 2. representatives from St. Mary's will be attending the 11 am service at Holy Family Church, 1021 McCarthy Blvd. Please contact Carol M if you wish to attend.

St. Mary's Vestry meets today in the lounge after service.

St. Mary's Anglican Church Winter Ceilidh! Join us Saturday, February 8 from 5.30 p.m. to 9 p.m. for a family ceilidh to include chili supper and shortbread dessert. Entertainment to include Regina Scottish Country Dancers and local fiddlers! Local craft beer, wine, and soft drinks will be available for purchase. All proceeds will go to St. Mary's Building Fund. Come and join us in having a good time. Adults - \$20; Children and Youth 9-16 years - \$10; 8 and under - Free. Tickets are available from St. Mary's Church office (306)522-6052 or stmarysanglican@sasktel.net

The Ideas Salon: Family Dinner and Movie. Next Saturday, January 25th at 5:00 p.m. we will be having a salads pot luck and showing the film "Summer in the Forest," the story of Jean Vanier and the L'Arche community in France. Salad greens and breads will be provided; bring salad toppings to share. Be creative! Ideas we are exploring: How do we use food to foster human community? How should Christians invite society's outsiders into the community we are building (a.k.a. The Church)? All are welcome!

St. Mary's Book Club will meet on Wednesday, February 19th starting at 7:00 pm. at the home of Beth C. This month we will be reading *The Supper of the Lamb: A Culinary Reflection* by Robert Farrar Capon. Book description: "From a passionate and talented chef who also happens to be an Episcopalian priest comes this surprising and thought-provoking treatise on everything from prayer to poetry to puff pastry. In *The Supper of the Lamb*, Capon talks about festal and ferial cooking, emerging as an inspirational voice extolling the benefits and wonders of old-fashioned home cooking in a world of fast food and prepackaged cuisine."

Flowers for the Altar. There is still several open spots for anyone who would like to donate flowers this year. If interested, please call Gwyn.

A big thank you to the Anglican Foundation of Canada for their grant to St. Mary's of \$15,000 that will go towards the roof repair project. This grant money is a

great start to our future fundraising efforts!"



The Fruits of True Prayer

Prayer is doxology, praise, thanksgiving, confession, supplication and intercession to God. "When I prayed I was new," wrote a great theologian of Christian antiquity, "but when I stopped praying I became old." Prayer is the way to renewal and spiritual life. Prayer is aliveness to God. Prayer is strength, refreshment, and joy. Through the grace of God and our disciplined efforts prayer lifts us up from our isolation to a conscious, loving communion with God in which everything is experienced in a new light. Prayer becomes a personal dialogue with God, a spiritual breathing of the soul, a foretaste of the bliss of God's kingdom.

As we pray deeply within our hearts we grow in prayer. By the grace of God we suddenly catch a glimpse of the miracle of the presence of the Holy Spirit working within us. At first it is only a spark but later it becomes a flame freeing and energizing our whole being. To experience the fire of God's holy love, to give it space within us to do its cleansing and healing work as a breath of the Holy Spirit, and to use it as light and power for daily living -- such are the goals as well as the fruits of true prayer.
(<https://www.goarch.org/-/the-fruits-of-true-prayer>)

THIS WEEK AT ST. MARY'S

Tuesday	10:30 am Forever in Motion Senior Exercise
Wednesday	9:00 am Morning Prayer Men's Breakfast 10:30 am Parent and Tots Group
Thursday	9:30 am Woman's Time Out Bible Study
Next Sunday	10:00 am Morning Prayer 10:30 am Holy Communion